

Eleven birth mothers attended an intensive cooking course sponsored by a local non-profit organization. The costs were covered with a donation that we received from our sister foundation Families for Familias in the United States. The course was called "Typical Guatemalan Pastry" and it took place in a village near Antigua from November 29th to December 1st. It included lodging, meals and all cooking material. Women were also allowed to bring their children with them. At the end of the course, the ladies received a diploma and a kit including cooking oil, flour and aluminum pots to help them start their first production. They also received a business class to help them determine the costs and profits to start their own food business.